

QUIZ

find the **hidden** words...

P	B	L	O	O	D	C	H
A	C	B	C	E	I	O	E
T	J	R	E	G	S	L	L
H	B	A	L	S	E	L	P
O	E	V	L	L	A	E	O
L	T	E	S	P	S	C	Q
O	T	U	A	Z	E	T	Y
G	Y	G	O	O	D	O	W
Y	F	I	G	H	T	R	X

Betty

Blood

Pathology

Disease

Cells

Good

Fight

Collector

Help

Brave



Helpful Hints for Parents...

- When taking your child for a blood test it is a good idea to explain why the test is necessary and what is involved (This brochure may help to explain the process.)
- Bringing along a favourite toy (or security items) can help your child feel more comfortable.
- Don't say it won't hurt, it will sting - just a little. Be supportive and encouraging!

MPS 348



"We take it personally"



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WHEN YOUR CHILD
GOES FOR A
BLOOD TEST



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Going to have a blood test can sometimes seem scary. You don't know what is going to happen and you can't understand why you need to have it done. Well, that's what I'm here for... my name is Betty and I hope I can help you.



Your blood has many important jobs to do. It fights disease and sickness; it gives your body food and helps to keep you warm when you are cold.

Sometimes we get sick and our white blood cells have trouble fighting the sickness. So we have to have a blood test to see how we can help them win so we can get better.



When I go for blood tests, I usually take my friend, Teddy. He helps me stay brave and he plays with me when I get bored.



The collector tells me it's important to stay very, very still so it won't hurt too much. I always look at Teddy and remind him to sit still too because he gets jumpy sometimes.



The blood test feels a bit like a mosquito bite although it doesn't itch. It doesn't really hurt! ... just a quick little sting.



I always try to be as brave as a soldier, and so does Ted. Sitting still and being brave, we try to do exactly what we are told. That way it won't take long. Then we can go home and play.



The blood is then sent to people called pathologists who look through microscopes like this one. Like detectives, they check your blood to find out what is wrong with it then tell your doctor.



Then your doctor can help to make you feel much better.